



# Prospectus 2019 & Onwards

**COLLEGE OF HOME ECONOMICS**

**UNIVERSITY OF PESHAWAR - PAKISTAN**

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**01**

# INTRODUCTION



## Message of the Vice Chancellor

The College of Home Economics (CHE) has a place in history through its splendid services to female education in Pakistan. Female education is the unavoidable requirement of every healthy and progressive society and nation. CHE played a leading role in fulfilling this requirement of the nation in the NW region of Pakistan since its inception

The CHE has a distinction for not only focusing on academics but taking a great care in personality building of the students and equipping them with additional skills to play a useful role in the society. Many courses related to Home Economics are offered ranging from FA, F.Sc, B.Sc to M.Sc, and from BS, MS/M.Phil to Ph.D. It gives the female students the leverage to avoid the possible hurdles during their academic process enabling them to have the opportunity of higher education. The faculty is highly qualified ensuring attainment of education at its finest. Healthy learning environment is provided to the students for sound development of their personality. All the classrooms and labs are well equipped. All the required facilities for curricular and co-curricular activities are readily available for students.

The alumni of the college are serving in numerous disciplines proving themselves as efficient members of the society. I hope the students avail the positive educational environment this year as well. I wish them success in future.

Prof. Dr. M. Asif Khan  
Vice Chancellor  
University of Peshawar  
Vice\_Chancellor@uop.edu.pk.



## Message of the Principal

College of Home Economics is a prestigious institution of the University of Peshawar which offers practical knowledge in diverse disciplines and incorporates a variety of skills in its curriculum. Thus, Home Economics education prepares the female community to deal with future challenges in the role of a homemaker as well as a career woman. I count myself among the blessed ones to be granted the opportunity of making a difference in the lives of these young souls in the capacity of an educationist and an administrator. I am also confident that under my leadership and guidance, the highly qualified and dedicated staff of this college will leave no stone unturned in improving the image and reputation of this institution. We shall constantly strive to inculcate critical thinking, analytical, entrepreneurial, inter personal and communication skills in our students.



Home Economics is a unique discipline having multiple facets and to make it compatible with the demands of contemporary world, we aim at academic up gradation through linkage programs with foreign universities and facilitating arrangement of internship for students at reputed organizations. Improvement in curriculum and college labs is also on our agenda. I hope that addressing these areas will have a positive impact on the overall performance of the students. I wish them all the best.

Dr. Farhat-un-Nisa Shahzad, Principal  
College of Home Economics  
University of Peshawar.

## INTRODUCTION

The study of Home Economics as a distinct discipline was introduced in the country soon after Pakistan's emergence on the world map. Initially, the University of Peshawar in collaboration with Colorado State University USA set up a separate department devoted to the subject in 1954. The department was later upgraded to the status of a College in 1963. Her Majesty Queen Elizabeth II inaugurated the present building. One of the only nine Colleges in Pakistan devoted to the study of Home Economics; this college was initiated in an effort to develop a complete educational program for the preparation of young girls to meet the challenges of free society.

The institution seeks to equip young women with the specialized knowledge, skills, awareness, and the right attitude needed to launch them successfully in their social and professional lives. This field of study extends opportunities for following careers in an increasing number of professions. As such, it has acquired a special significance to mould the female generation, providing them with an opportunity of studying a unique blend of both science and art related subjects. Keen on upgrading the courses regularly the college's dynamic faculty strives to open up future avenues for personal, professional, and social enhancement.

The College of Home Economics not only aims to turn out well-informed future mothers, but also Interior Designers, Dietitians, Textile Designers, Fashion Designers, Small Business Managers, Teachers, Event Organizer and Research Workers.

## VISION

“Ours Is The Privilege To Mould The Society” .

For a civilized and refined personality a student not only needs academic guidance but more importantly requires the grooming and refined aesthetic parameters for a productive life ahead. The strength of character added through holistic skills imparted in this institution not only enables them to live a dynamic life but also be useful for people connected to them. Only a cultured female can add to the sophistication of the society and future generations. College of Home Economics is honoured to facilitate its students in numerous fields keeping the horizon of subjects and fields of specialization broad.

## MISSION

The College of Home Economics, a unique institution of its nature in the University of Peshawar, is committed to provide quality Home Economics education at the undergraduate, graduate, postgraduate, M.Phil and Ph.D. levels. The College upholds and stands by the aims of International Federation of Home Economics, which are:

- To educate about the universal values of households and families as environments within which individuals are assisted to reach their full potential and to acknowledge their global interdependence.
- To promote awareness that families and households are the prime nurturing environments for every human being and that mental, physical, psychological and emotional family well-being is the basic infrastructure for all other forms of social and economic development.

- To emphasize the social, economic and environmental impact of the management of everyday life of individuals, families and households.
- To promote the concept of families and households as operating within a larger social, economic and physical environment with a myriad of exchanges between individuals and these larger environments on a daily basis.
- To conduct research in areas relevant to Home Economics (individual, household and family issues related to the satisfaction of physical and psychological needs) which expand the understanding of the ecological view of individuals, families and households in the larger environment.

## OBJECTIVES

The College seeks:

- To provide up to date and modern education to the students.
- To inculcate true appreciation of religious and Islamic values in the practical lives of the students.
- To develop social sensibilities and prepare students to cope better with their various roles not only as individuals, but as family members and citizens of the state.
- To develop a positive attitude towards life.
- To gear women towards professional careers and general socioeconomic development.
- To develop confidence in young women to realize the importance of their distinct role as nation builders.



- To expose the students to the latest knowledge and technology to familiarize them with the advancement in the industrial sector.

## OUTCOMES

College of Home Economics has the privilege to produce a large number of refined graduates every year. The College is offering M.Phil and Ph.D programs, thus contributed in producing 23 M.Phils/MS and 21 Ph.Ds.

Our graduates have the privilege to serve as nutritionists and dietitians in public and private sector hospitals, lecturers, psychiatrists, social activists, fashion designers, artists, interior designers and entrepreneurs. More significant is the contribution of the aesthetically refined females to every family they are now a part of.

**02**

## **TEACHING FACULTY**



**TEACHING FACULTY****PRINCIPAL****Dr. Farhat-un-Nisa Shahzad:** Associate Professor**Department of Art and Design**

Dr. Zil-e-Huma Mujib:	Assistant Professor
Dr. Imrana Seemi:	Assistant Professor
Dr. Rabia Chishti:	Lecturer
Ms. Samina Mukhtar:	Lecturer
Ms. Nayyer Kamal:	Lecturer
Ms. Zubaida Mughal:	Lecturer
Ms. Nazish Bangash:	Lecturer
Ms. Amina Khattak:	Lecturer

**Department of Human Development and Family Studies**

Dr. Syeda Kaniz Fatima Haider:	Professor
Dr. Mussarat Tariq:	Associate Professor
Dr. Shaista Ali:	Lecturer
Dr. Ayesha Anwar:	Lecturer
Dr. Salma Naz Gul:	Lecturer
Ms. Sidra Ali Khan:	Lecturer
Ms. Ayesha Ijaz:	Lecturer

**Department of Food and Nutrition Sciences**

Dr. Amina Rahat:	Assistant Professor
Ms. Mumtaz Begum:	Assistant Professor (on study leave)
Dr. Fazia Ghaffar:	Lecturer
Dr. Zahin Anjum:	Lecturer
Ms. Ayesha Zakir:	Lecturer
Ms. Shumaila Waheed:	Lecturer
Ms. Beenish Khan:	Lecturer

**Department of Textiles & Clothing**

Dr. Shahnaz Khattak :	Assistant Professor
Dr. Shabana Sajjad :	Assistant Professor
Ms. Faiza Tauqeer :	Assistant Professor
Ms. Faryal Yousaf:	Lecturer
Ms. Maimoona Khalid:	Lecturer
Ms. Madiha Zeb:	Lecturer
Ms Sadaf Asghar:	Lecturer

### Department of Resource and facility management

Dr. Ghazala Yasmeen Nizam :	Professor (on Deputation)
Dr. Syeda Nabahat Ashar:	Associate Professor
Dr. Kausar Takreem :	Assistant Professor
Ms. Farzana Rahman Safi:	Assistant Professor (on Study leave)
Ms. Wasaf Inayat:	Lecturer
Ms. Razia Begum:	Lecturer (Ex-Pakistan leave)
Ms. Tehmina Zia:	Lecturer
Ms. Sana Jamil:	Lecturer
Ms. Zainab Gul:	Lecturer
Ms Maleeha Khan:	Lecturer

### Department of Basic Sciences

Dr. Farhat-un-Nisa Shahzad:	Associate Professor
Dr. Razia Tariq Khan :	Assistant Professor
Dr. Neelam Chiragh:	Assistant Professor
Ms. Kanwal Imran:	Assistant Professor
Ms. Abeera Ilyas:	Assistant Professor
Ms. Gul-e-Rana Jamil:	Lecturer
Ms. Madeeha Aman:	Lecturer
Ms Urooj Syed:	Lecturer
Ms. Safia Naz:	Lecturer
Ms. Nazish Masood:	Lecturer

### Departments of Humanities and Languages

Dr. Fanila Far :	Professor
Dr. Shazia Shah:	Associate Professor
Ms. Noshaba Toufiq:	Lecturer
Ms Nuzhat Ayub:	Lecturer
Ms. Fariha Gul:	Lecturer
Dr. Shazia Durrani:	Lecturer
Ms. Shehla Javed:	Lecturer
Dr. Salma Aslam:	Lecturer
Ms. Hoor-ul-Ain:	Lecturer

### Sports

Ms Neelam Babar: Assistant Director Sports



**03**

## **ACADEMIC PROGRAMMES**



## ACADEMIC PROGRAMS

The College offers the following programs:

- F.A
- F.Sc. (Three Disciplines)
- B.Sc. Home Economics (Four years Integrated)
- BS Home Economics (Five disciplines)
- M.Sc. Home Economics (Five disciplines)
- M.Phil. (Five disciplines)
- Ph.D. Home Economics (Five disciplines)



## F.Sc.

The College of Home Economics started the F.Sc. program in 2010, with 150 seats. The criterion for admission is Matriculation or O' levels with A grade. The courses of F.Sc. will be the same, which are offered by Board of Intermediate and Secondary Education Peshawar.

### Documents needed

Attested photocopies of the following documents with admission forms are essential for the candidate to be considered for admission:

1. Detailed Marks Certificate.
2. Domicile Certificate of the applicant.
3. Provisional and Character Certificate from the school.
4. Migration Certificate (to be provided within three months after admission).
5. Equivalence Certificate (for students who have NOT passed their Matriculation from any Board in Pakistan).
6. Undertaking on stamp paper (provided by the College with Admission Form).

Candidates are required to pay the admission fee on the day of interview. The tuition fee will be refunded according to University rules in case a student wants to cancel her admission. Candidates must be accompanied by either parent/guardian at the time of interview.



**F.A**

The College has started F.A program with 200 seats in 2018. The criterion for admission is Matriculation or O' levels.

**Documents needed**

Attested photocopies of the following documents with admission forms will be essential for the candidate to be considered for admission:

1. Detailed Marks Certificate
2. Domicile Certificate of the applicant
3. Provisional Certificate and Character Certificate from the school or the concerned Board (for private students).
4. Migration Certificate (to be provided within three months after admission)
5. Equivalence Certificate (for students who have NOT passed their Matriculation from any Board in Pakistan)
6. Undertaking on stamp paper (provided by the College with Admission Form)
7. Latest Service Certificate of the father/mother for candidate applying on a University Employee seat.



Candidates will be required to pay the admission fee on the day of interview. The Tuition fee will be refunded according to University rules in case a student wants to cancel her admission. Candidates must be accompanied by either parent/guardian at the time of interview.



## **BS HOME ECONOMICS**

The College of Home Economics is offering admissions in BS Home Economics program in five disciplines .i.e.

- Art and Design
- Food and Nutrition Sciences
- Human Development and Family Studies
- Resource and facility management
- Textiles & Clothing

The BS program is a four year program comprising eight semesters.

### **ADMISSION TO BS HOME ECONOMICS**

Students are eligible for admission after F.A/F.Sc. First four semesters cover compulsory and foundation courses, while from the fifth semester students have the option of selecting from five fields, i.e. Art and Design, Human Development and Family Studies, Human Nutrition Sciences, Resource and facility management and Textiles and Clothing.

**COURSES OUTLINE OFFERED AT BS HOME ECONOMICS:**

Scheme of Studies for Four Year Integrated Bs Home Economics with specializat ion in any one of 5 areas

1 <sup>st</sup> Semester			
Status	Course Code	Name of Subjects	Cr. Hrs
C-I	H.E-311	English-I	3
C-II	HE-312	Pakistan Studies	2
C-III	HE-313	Statistics-I	3(2+1)
G-I	HE-314	Chemistry	3
F-I	HE-315	Art and Design-I	3(2+1)
F-II	HE-316	Clothing and Consumer Education	3(2+1)
<b>Semester Total CH</b>			<b>17</b>

2 <sup>nd</sup> Semester			
Status	Course Code	Name of Subjects	Cr. Hrs
C-IV	HE-321	English-II	3
C-V	HE-322	Statistics-II	3(2+1)
G-II	HE-323	Physiology and Microbiology	3
G-III	HE-324	Psychology	3
F-III	HE-325	Basic Nutrition	3(2+1)
F-IV	HE-326	Home Management	3(2+1)
<b>Semester Total CH</b>			<b>18</b>

Third Semester			
C-VI	HE-431	English-III	3
C-VII	HE-432	Introduction to Computers	3(2+1)
G-IV	HE-433	Fundamentals of Economics	3
F-V	HE-434	Human Development	3(2+1)
F-VI	HE-435	Advanced Clothing	3(2+1)
F-VII	HE-436	Art and Design –II	3(2+1)
<b>Semester Total CH</b>			<b>18</b>

Fourth Semester			
C-VIII	HE-441	Islamic Studies	2
G-V	HE-442	Bio Chemistry	3(2+1)
G-VI	HE-443	Web Designing	3(2+1)
G-VII	HE-444	Essentials of Management	3
F-VIII	HE-445	Observation And Experience With Young Children	3
F-IX	HE-446	Meal Management	3(2+1)
F-X	HE-447	Management of Family Affairs	3(2+1)
<b>Semester Total CH</b>			<b>17</b>
<b>Total</b>		<b>Four Semester Total</b>	<b>70</b>

**Note:** Department will offer Two General courses subject to the requirement of the department

**Courses offered: Semester 5-8 for specialization for specialization in HUMAN DEVELOPMENT AND FAMILY STUDIES**

Status	Course Code	Name of Subject	Credits
<b>Fifth Semester</b>			
G-VIII	H.E-551	Residence (INTERNSHIP)	3
M-I	HDFS -552	Prenatal Life	3(2+1)
M-II	HDFS -553	Biological Bases Of Human Development	3
M-III	HDFS -554	Theories of Child Development	3
M-IV	HDFS -555	Early Childhood Education	3(2+1)
M-V	HDFS -556	Family and Community Development	3(2+1)
M-VI	HDFS -557	Spiritual Aspect of Human Life	3
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer INTERNSHIP and Five Majors subject to the availability of resources			

<b>Sixth Semester</b>			
G-IX	H.E-561	Fundamentals of Marketing	3
M-VII	HDFS -562	Adolescent Development	3(2+1)
M-VIII	HDFS -563	Abnormal aspect of Human Behavior	3
M-IX	HDFS -564	Gender Identity Over The Life Span	3
M-X	HDFS -565	Rehabilitation of Special Children	3(2+1)
M-XI	HDFS -566	Positive Psychology In Human Relations	3
M-XII	HDFS -567	Abuse and Neglect in Family Context	3
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer One General and Five Majors courses subject to the availability of resources			

Seventh Semester			
G-X	H.E -671	Research Methodology	3(2+1)
M-XIII	HDFS -672	Gender And Social Development	3(2+1)
M-XIV	HDFS -673	Parenting	3(2+1)
M-XV	HDFS -674	Hospital and Community mental health care	3(2+1)
M-XVI	HDFS -675	Adult Development and Aging	3
M-XVII	HDFS -676	Marriage and Family Relationships	3(2+1)
E-I	HDFS -677	Human in Social Context	3(2+1)
E-II	HDFS -678	Human and Family Ecology	3
E-III	HDFS -679	Educational psychology	3(2+1)
<b>Semester Total CH</b>			<b>18</b>
<b>Note:</b> Department will offer Research Methodology, Three Majors and Two Electives subject to the availability of resources			

Eighth Semester			
G-XI	H.E -681	RESEARCH PROJECT / ONE COURSE	3
M-XVIII	HDFS -682	Seminars: Concepts and Issues in Human Development and Family Studies	2
M-XIX	HDFS -683	Successful aging	3(2+1)
M-XX	HDFS -684	Ethics in human development profession	3(2+1)
M-XXI	HDFS -685	Planning and Managing Human Services Program	3
M-XXII	HDFS -686	Development and Administration of Child Service Program	3(2+1)
E-IV	HDFS -687	Family Problems and Intervention Strategies	3(2+1)
E-V	HDFS -688	Stress and Psychosocial Adjustment	3(2+1)
E-VI	HDFS -689	Guidance and counseling	3(2+1)
E-VII	HDFS -6810	Assessment of human behavior	3(2+1)
<b>Semester Total CH</b>			<b>17</b>
<b>Note:</b> Department will offer Research Project, Seminars, Two Majors and Two Electives subject to the availability of resources			
<b>Total CH for four years</b>			<b>141</b>

## Courses offered: Semester 5-8 for specialization for specialization in RESOURCE AND FACILITY MANAGEMENT

Status	Course Code	Name of Subject	Credits
<b>Fifth Semester</b>			
G-VIII	H.E-551	Residence (INTERNSHIP)	3(1+2)
M-I	RFM-551	Family Finance	3
M-II	RFM-552	Entrepreneurship for Home Based Industry	3(2+1)
M-III	RFM-553	Essentials of Communication	3
M-IV	RFM-554	Essentials of Leadership	3
M-V	RFM-555	Work simplification and Ergonomics	3
M-VI	RFM-556	Fundamentals of Disaster Management	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer INTERNSHIP and Five Majors subject to the availability of resources			

<b>Sixth Semester</b>			
G-IX	H.E-561	Fundamentals of Marketing	3
M-VII	RFM-561	Fundamentals of Accounting	3
M-VIII	RFM-562	House Keeping Management	3(2+1)
M-IX	RFM-563	Home Management and Supervision	3(2+1)
M-X	RFM-564	Organizational behavior	3
M-XI	RFM-565	Leadership Skills	3
M-XII	RFM-566	Managerial Economics	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer One General and Five Majors courses subject to the availability of resources			

**Seventh Semester**

G-X	H.E -671	Research Methodology	3(2+1)
M-XIII	RFM-671	Human Resource Management	3
M-XIV	RFM-672	Corporate Strategy	3
M-XV	RFM-673	Business Ethics	3
M-XVI	RFM-674	Consumer Economics	3(2+1)
M-XVII	RFM-675	Management of institutions: Education & Health	3
E-I	RFM-676	Environmental Management	3
E-II	RFM-677	Pakistan Economics	3
E-III	RFM-678	Business Communication	3
		<b>Semester Total CH</b>	<b>18</b>

**Note:** Department will offer Research Methodology, Three Majors and Two Electives subject to the availability of resources

**Eighth Semester**

G-XI	H.E -681	RESEARCH PROJECT / ONE COURSE	3
M-XVIII	RFM-681	Seminars on Special Topics	2
M-XIX	RFM-682	Money Banking and Finance	3(2+1)
M-XX	RFM-683	Human Resource Development	3
M-XXI	RFM-684	Small Business Management	3
M-XXII	RFM-685	Consumer Behavior	3
E-IV	RFM-686	Hotel Management	3(2+1)
E-V	RFM-687	Financial Management	3
E-VI	RFM-688	Marketing Research	3(2+1)
E-VII	RFM-689	Industrial Economics	3(2+1)
		<b>Semester Total CH</b>	<b>17</b>

**Note:** Department will offer Research Project, Seminars, Two Majors and Two Electives subject to the availability of resources

**Total CH for four years**

**141**

### Courses offered: Semester 5-8 for specialization for specialization in FOOD AND NUTRITION SCIENCES

Status	Course Code	Name of Subject	Credits
<b>Fifth Semester</b>			
G-VIII	H.E-551	Residence (INTERNSHIP)	3(1+2)
M-I	HNS-551	Food Preservation	3(2+1)
M-II	HNS -552	Experimental Foods	3(2+1)
M-III	HNS -553	Advanced Nutrition	3(2+1)
M-IV	HNS -554	Dietetics	3(2+1)
M-V	HNS -555	Assessment of Nutritional Status	3(2+1)
M-VI	HNS -556	Essentials of Food Services	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer INTERNSHIP and Five Majors subject to the availability of resources			

<b>Sixth Semester</b>			
G-IX	H.E-561	Fundamentals of Marketing	3
M-VII	HNS -561	Physiological Aspects of Nutrition	3(2+1)
M-VIII	HNS -562	Nutrient Metabolism I	3(2+1)
M-IX	HNS -563	Microbes in Foods	3(2+1)
M-X	HNS -564	Community Nutrition	3(2+1)
M-XI	HNS -565	Essentials of Food Science	3(2+1)
M-XII	HNS -566	Introduction to Food Crisis	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer One General and Five Majors courses subject to the availability of resources			

Seventh Semester			
G-X	H.E -671	Research Methodology	3(2+1)
M-XIII	HNS -671	Nutrient Metabolism II	3(2+1)
M-XIV	HNS -672	Food Technology	3(2+1)
M-XV	HNS -673	Clinical Nutrition	3(2+1)
M-XVI	HNS -674	Advanced Dietetics	3(2+1)
MXVII	HNS -675	Food Services in Organizations	3(2+1)
E-I	HNS -676	Food Analysis	3(2+1)
E-II	HNS -677	Life Cycle Nutrition	3(2+1)
E-III	HNS -678	Nutritional Management in Disasters	3(2+1)
<b>Semester Total CH</b>			<b>18</b>
<b>Note:</b> Department will offer Research Methodology, Three Majors and Two Electives subject to the availability of resources			

Eighth Semester			
G-XI	H.E-681	RESEARCH PROJECT / ONE COURSE	3
M-XVIII	HNS -681	Seminars on Special Topics	2
M-XIX	HNS -682	Applied Nutrition	3(2+1)
M-XX	HNS -683	Nutrition and Health	3(2+1)
M-XXI	HNS -684	Food and Environment	3
M-XXII	HNS -685	Advanced Food Science	3
E-IV	HNS -686	Sports Nutrition	3
E-V	HNS -687	Culinary Art and Catering	3
E-VI	HNS -688	Nutrition and Immunity	3
E-VII	HNS -689	Food Biotechnology	3
<b>Semester Total CH</b>			<b>17</b>
<b>Note:</b> Department will offer Research Project, Seminars, Two Majors and Two Electives subject to the availability of resources			
<b>Total CH for four years</b>			<b>141</b>



## Courses offered: Semester 5-8 for specialization for specialization in ART AND DESIGN

Status	Course Code	Name of Subject	Credits
<b>Fifth Semester</b>			
G-VIII	H.E-551	Residence (INTERNSHIP)	3(1+2)
M-I	ART-551	Pre Historic and Early Civilization	3(2+1)
M-II	ART -552	Art Education I	3(2+1)
M-III	ART -553	Essentials of Interior Design	3(2+1)
M-IV	ART -554	Commercial Art	3(2+1)
M-V	ART -555	Color	3(2+1)
M-VI	ART -556	Introduction to Clay	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer INTERNSHIP and Five Majors subject to the availability of resources			

<b>Sixth Semester</b>			
G-IX	H.E-561	Fundamentals of Marketing	3(2+1)
M-VII	ART -561	Western Art: 14 <sup>th</sup> To 18 <sup>th</sup> Century	3(2+1)
M-VIII	ART -562	Art Education II	3(2+1)
M-IX	ART -563	Fundamentals of Interior Architecture	3
M-X	ART -564	Dyeing	3(2+1)
M-XI	ART -565	Islamic Calligraphy	3(2+1)
M-XII	ART -566	Hand Built Pottery	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer One General and Five Majors courses subject to the availability of resources			

Seventh Semester			
G-X	H.E -671	Research Methodology	3(2+1)
M-XIII	ART -671	Fine Arts I	3(1+2)
M-XIV	ART -672	Interior Environment: Physical Aspects	3(2+1)
M-XV	ART -673	Textile Designing and Printing Methods	3(2+1)
M-XVI	ART -674	Ceramics	3(2+1)
M-XVII	ART -675	Methods of Art Education	3(2+1)
E-I	ART -676	Crafts of Hand Weaving	3(2+1)
E-II	ART -677	History of Islamic Art	3
E-III	ART -678	Graphic Communication	3(2+1)
		<b>Semester Total CH</b>	<b>18</b>
<b>Note:</b> Department will offer Research Methodology, Three Majors and Two Electives subject to the availability of resources			

Eighth Semester			
G-XI	H.E -681	RESEARCH PROJECT / ONE COURSE	3
M-XVIII	ART -681	Seminars on Special Topics	2
M-XIX	ART -682	Advance Ceramics	3(2+1)
M-XX	ART -683	Fine Arts II	3(2+1)
M-XXI	ART -684	Environmental Aesthetics	3(2+1)
M-XXII	ART -685	Advanced Textile Designing	3(2+1)
E-IV	ART -686	History of Western Art 19 <sup>th</sup> - 20 <sup>th</sup> Century	3(2+1)
E-V	ART -687	Weaving	3(2+1)
E-VI	ART -688	Computer Aided Design-CAD	3(2+1)
E-VII	ART -689	Pot Decoration	3(2+1)
		<b>Semester Total CH</b>	<b>17</b>
<b>Note:</b> Department will offer Research Project, Seminars, Two Majors and Two Electives subject to the availability of resources			
<b>Total CH for four years</b>			<b>141</b>

### Courses offered: Semester 5-8 for specialization for specialization in TEXTILES AND CLOTHING

Status	Course Code	Name of Subject	Credits
<b>Fifth Semester</b>			
G-VIII	H.E-551	Residence (INTERNSHIP)	3(1+2)
M-I	T&C -551	Fabric Construction	3(2+1)
M-II	T&C-552	Textile Studies	3(2+1)
M-III	T&C -553	Pattern Making	3(1+2)
M-IV	T&C -554	Fashion Designing and Illustrations	3(1+2)
M-V	T&C -555	Advanced Textiles	3(2+1)
M-VI	T&C -556	History of Oriental Decorative Textiles	3(2+1)
<b>Semester Total CH</b>			<b>18</b>
<b>Note:</b> Department will offer INTERNSHIP and Five Majors subject to the availability of resources			

<b>Sixth Semester</b>			
G-IX	H.E-561	Fundamentals of Marketing	3
M-VII	T&C -561	History of Occidental Decorative Textiles	3(2+1)
M-VIII	T&C -562	Textile Design and Computer Graphics	3(2+1)
M-IX	T&C -563	Textile Chemistry - 1	3(2+1)
M-X	T&C -564	Textile Testing	3(2+1)
M-XI	T&C -565	Dyeing and Printing of Textiles	3(2+1)
M-XII	T&C -566	Fabric Finishes	3
<b>Semester Total CH</b>			<b>18</b>
<b>Note:</b> Department will offer One General and Five Majors courses subject to the availability of resources			

**Seventh Semester**

G-X	H.E -671	Research Methods	3(2+1)
M-XIII	T&C -671	Experimental Textiles	3(2+1)
M-XIV	T&C -672	Historic Costumes	3(2+1)
M-XV	T&C -673	Fashion Promotion	3
M-XVI	T&C -674	Art of Draping	3(1+2)
M-XVII	T&C -675	Industrial Textiles	3
E-I	T&C -676	Decorative Fabric	3(2+1)
E-II	T&C -677	Textile Chemistry- II	3(2+1)
E-III	T&C -678	Psychological and Socio-Economic Aspects of Clothing	3
<b>Semester Total CH</b>			<b>18</b>
<b>Note:</b> Department will offer Research Methodology, Three Majors and Two Electives subject to the availability of resources			

**Eighth Semester**

G-XI	H.E-681	RESEARCH PROJECT / ONE COURSE	3
M-XVIII	T&C -681	Seminars on Special Topics	2
M-XIX	T&C -682	Applied Textile Designing	3(1+2)
M-XX	T&C -683	Dress Designing Through Draping	3(1+2)
M-XXI	T&C -684	Fashion Photography	3(1+2)
M-XXII	T&C -685	Managerial Aspects of Textiles	3
E-IV	T&C -686	Fabric Design and Color	3 (2+1)
E-V	T&C -687	Fashion and Boutique Establishment	3
E-VI	T&C -688	Dress Designing for Special People	3(2+1)
E-VII	T&C -689	Structural Textile Designing	3
<b>Semester Total CH</b>			<b>17</b>
<b>Note:</b> Department will offer Two Majors, Two Electives and a Research Project subject to the availability of resources			
<b>Total CH for four years</b>			<b>141</b>

## M.PHIL HOME ECONOMICS

The College of Home Economics, University of Peshawar has the honor to start M.Phil program in Home Economics, being the first ever program in this field in the history of Pakistan. The commencement of M.Phil (Home Economics) program at the College of Home Economics, University of Peshawar, is a remarkable achievement not only for the College of Home Economics, but also for the University of Peshawar and the Khyber Pakhtunkhwa Province. The M.Phil in Home Economics Program is offered simultaneously in five Home Economics disciplines namely:

- Art and Design
- Human Development and Family Studies
- Food and Nutrition Sciences
- Resource and facility management
- Textiles and Clothing

### AIM

To provide opportunity of higher studies in Home Economics disciplines in the University of Peshawar to facilitate acquisition of higher learning and qualifications in the field of Home Economics.

**PROGRAM FEATURES**

- M.Phil. program comprises four semesters, having a coursework of 27 credit hours.

**PH. D HOME ECONOMICS**

The Ph.D in Home Economics Program is offered simultaneously in five Home Economics disciplines namely:

- Art and Design
- Human Development and Family Studies
- Food and Nutrition Sciences
- Resource and facility management
- Textiles and Clothing

**PROGRAM FEATURES**

- Ph.D. program consist of six semesters, having a coursework of 18 credit hours.

## COURSES OUTLINE OFFERED AT M.PHIL. /PH.D. PROGRAMME

### Home Economics (Art and Design)

### M.Phil. /Ph.D. Programme

#### Compulsory Courses (3)

Course No.	Course Title	Credit Hrs.
HE 701	Statistical Computing	3
HE 702	Research Methodology	3
HE 703	Technical Writing	3

#### Major Courses (17)

Course No.	Course Title	Credit Hrs.
ART 801	Architectural Design – 1	3 (2+1)
ART 802	Art Education: Learning in and through the Art	3
ART 803	Islamic Art and Paintings	3
ART 804	Urban Design	3
ART 805	Landscaping 1	3
ART 806	Different Styles of Muslim Calligraphy	3 (2+1)

ART 807	Design Issues	3 (2+1)
ART 808	Advanced Ceramics	3
ART 809	Drawing	3
ART 810	Textiles and Surface Design	3 (2+1)
ART 811	Advance Weaving	3(2+1)
ART 901	Architectural Design 11	3 (2+1)
ART 902	Muslim Architecture	3
ART 903	Sculpture	3 (2+1)
ART 904	Urban Planning	3
ART 905	Landscaping 11	3
ART 906	The Art in Education: Research, Policy, and Practice	3

**Foundation Courses (7)**

Students from related fields shall cover the required foundation courses of the specific M.Phil. / Ph.D. Programme.

**Compulsory Course (1)**

Course No.	Course Title	Credit Hrs.
H.E 601	Contemporary Issues In Home Economics	3

**Departmental Courses (6)**

Course No	Course Title	Credit Hrs.
ART 601	House Planning and Interior Designing	3
ART 602	Ceramics	3
ART 603	Art Education	3
ART 604	Textile Designing	3
ART 605	Painting and History of Arts	3
ART 606	Marketing and Advertising	3





## Home Economics (Food and Nutrition Sciences)

### M.Phil. / Ph.D. Programme

#### Major Courses (17)

Course No.	Course Title	Credit Hrs.
HNS 801	Assessment of Nutritional Status	3
HNS 802	Nutrition for Developing Countries	3
HNS 803	Nutrition & Sports	3
HNS 804	Food Analysis 1	3 (2+1)
HNS 805	Human Nutrition I	3
HNS 806	Nutrition & Immunology	3
HNS 807	Nutrition Program Development & Management	3
HNS 808	Food Toxicology, Health Safety, & Environment	3
HNS 809	Nutritional Counseling	3
HNS 810	Nutritional Biochemistry	3
HNS 811	Molecular Biology and Nutrition Sciences	3
HNS 901	Nutrition Services Management	3
HNS 902	Therapeutic Nutrition	3
HNS 903	Food Analysis II	3 (2+1)
HNS 904	Application of Biotechnology to Food Science	3 (2+1)
HNS 905	Nutritional Epidemiology & Surveillance	3
HNS 906	Human Nutrition II	3

#### Foundation Courses (7)

Students from related fields shall cover the required foundation courses of the specific M.Phil/Ph.D Programmes

#### Compulsory course (1)

Course No.	Course Title	Credit Hrs.
HE 601	Contemporary Issues in Home Economics	3

#### Departmental Courses (6)

Course No.	Course Title	Credit Hrs.
HNS 601	Food Technology and Microbiology	3
HNS 602	Institutional Food Service Management	3
HNS 603	Community Nutrition	3
HNS 604	Applied Nutrition	3
HNS 605	Dietetics	3
HNS 606	Biochemistry	3

## Home Economics (Human Development & Family Studies) M.Phil. / Ph.D. Programme

### Major Courses (35)

Course No	Courses Title	Credit Hrs.
HDFS-801	Human Growth and Development	3
HDFS-802	Marriage and Family Relationships	3
HDFS-803	Parenting and Child Guidance	3
HDFS-804	Social Gerontology Aging and the Life Course	3
HDFS-805	The Human Brain and Mind	3
HDFS-806	Stress in Childhood and Adolescence	3
HDFS-807	Child Development Associate Training	2
HDFS-808	Gender and Development	3
HDFS-809	Seminar in Human Development	2
HDFS-810	Family Life Education Methods	3
HDFS-811	Infancy/Middle Childhood Laboratory	2
HDFS-812	Topical Seminar in Family and Human Development	2
HDFS-813	Research Methods in Human Development	3



HDFS-814	Family Theories	3
HDFS-815	Families and Social Policy	3
HDFS-816	Professional Development	3
HDFS-817	Marriage and Family Therapy	3
HDFS-818	Clinical Practice in Marriage and Family Therapy	2
HDFS-819	Survey of Family Relations Research	2
HDFS-820	Muslim Contributions To Psychology	3
HDFS-821	Issues in Family and Human Development	3
HDFS-822	Practice Teaching in Child Development Laboratories	2
HDFS-823	Deviance and Crime	3
HDFS-824	Seminar in Family Relations	2
HDFS-825	Problems in Human Assessments	3
HDFS-901	Family Crises and Interventions	3
HDFS-902	Advance Theories of Human Development	3
HDFS-903	Abuse and Neglect in Family Context	3
HDFS-904	Gender and Sexual Minorities	3
HDFS-905	Neuro psychology	3
HDFS-906	Survey of Human Development Research	2
HDFS-907	Seminar and Practicum in Early Childhood	2

	Education	
HDFS-908	Research in Social Gerontology Aging and the Life Course	2
HDFS-909	Use of Computer	2
HDFS-910	Gerontology Practicum	2

### Foundation Courses (7)

Students from related fields shall cover the required foundation courses of the specific M.Phil/Ph.D Programmes

### Compulsory (1)

Courses No	Courses Title	Credit Hrs.
HE-601	Contemporary Issues In Human Economics	3

### Departmental Courses (6)

Courses No.	Courses Title	Credit Hrs.
HDFS-601	Human Development across the Lifespan	3
HDFS-602	Adolescence and Emerging Adulthood	3
HDFS-603	Human Development Adulthood and Aging	3
HDFS-604	Families and the Life Course	3
HDFS-605	Developmental Psychology	3
HDFS-606	School Psychology	3

## Home Economics (Resource and Facility Management) M.Phil. / Ph.D. Programme

### Major Courses (20)

Course No.	Course Title	Credit Hrs.
RFM 801	Housing Finance and Regulations	3
RFM 802	Consumer Policy	3
RFM 803	Advanced Family Finance	3
RFM 804	Family Conflict Management	3
RFM 805	Change Management	3
RFM 806	Introduction to Leadership	3
RFM 807	Economic Issues for Individual & Families	3
RFM 808	The Consumer and the Market	3
RFM 809	Financial Counseling	3
RFM 810	Project Management	3
RFM 811	Total Quality Management	3
RFM 901	Strategic Management	3
RFM 902	Family Economic Behavior and Policy	3
RFM 903	Economic Development	3
RFM 904	Allocation of Family Resources	3
RFM 905	Theory and Research in Family Economics and Management	3
RFM 906	Families in Crises: Intervention Strategies	3
RFM 907	Seminar in Family Theory	2
RFM 908	Resource Mobilization and Human Resource Development	3
RFM 909	Development Planning	3

### Foundation Courses (7)

Students from related fields shall cover the required foundation courses of the specific M.Phil/Ph.D Programmes

### Compulsory Course (1)

Course No.	Course Title	Credit Hrs.
HE 601	Contemporary Issues In Home Economics	3

### Departmental Courses (6)

Course No.	Course Title	Credit Hrs.
RFM 601	Fundamentals of Home Management	3
RFM 602	Management of Family Affairs	3
RFM 603	Women in Management	3
RFM 604	Family Financial Counseling	3
RFM 605	Small Business Management	3
RFM 606	Home Management & Supervision	3

## Home Economics (Textiles and Clothing) M.Phil. /Ph.D. Programme

### Compulsory Courses (3)

Course No.	Course Title	Credit Hrs.
HE 701	Statistical Computing	3
HE 702	Research Methodology	3
HE 703	Technical Writing	3

### Major Courses (16)

Course No.	Course Title	Credit Hrs.
TXCL 801	Chemistry and Technology of Cellulosic Fibres	3 (2+1)
TXCL 802	Textile Design And Colour	3 (2+1)
TXCL 803	Strategic Fashion Marketing	3
TXCL 804	Silk Dyeing and Finishing	3 (2+1)
TXCL 805	Polymer Sciences	3
TXCL 806	Behavioral Science Concepts in Textiles	3
TXCL 807	Azo Dyes in Textile	3 (2+1)
TXCL 808	Technology of Polyester Fibre	3
TXCL 809	Fashion Design and Technology	3
TXCL 810	Textile Conservation	3
TXCL 901	Technology of Non-Woven Textiles	3
TXCL 902	Functional Designs for Special People	3
TXCL 903	Colour Chemistry	3 (2+1)
TXCL 904	Textile Physics	3
TXCL 905	Clothing Management	3
TXCL 906	Costume Studies	3

### Foundation Courses (7)

Students from related fields shall cover the required foundation courses of the specific M.Phil./ Ph.D. Programme.

### Compulsory Course (1)

Course No.	Course Title	Credit Hrs.
HE 601	Contemporary Issues in Home Economics.	3

### Departmental Courses (6)

Course No.	Course Title	Credit Hrs.
TXCL 601	Fundamental of Draping	3 (2+1)
TXCL 602	Draping	3 (2+1)
TXCL 603	Pattern Cutting	3 (2+1)
TXCL 604	Textile Designing	3 (2+1)
TXCL 605	Fashion and Apparel Design	3 (2+1)
TXCL 606	History of Textiles	3

**04**

## **RULES & REGULATIONS**



# DISCIPLINE

## RULES AND REGULATIONS

- A student is required to attend punctually all the hours notified for lectures, demonstrations and practical. Irregular students will be strictly dealt with according to rules.
- Repeated absence from lectures, practical, class demonstrations and seminars deem a student liable to be expelled from the College.
- Seventy-Five percent (**75%**) attendance is required as a minimum to appear in the examination. In all cases, leave taken will be at the student's own risk. Even a medical certificate will not cover a deficiency in attendance percentage required. Shortage of attendance (**less than 75%**) will certainly deprive a student of her right to appear in the final examination and she will have to repeat the same class with a loss of one year.
- All students are to be present in all the functions, sermons, lectures etc. of the College. Before gathering in the Hall attendance will be taken by the teacher proctor. Students who remain absent will have to pay a fine of **Rs.1000/-** per event.
- For absence on Saturday fine of **Rs. 1000/-** will be levied.

- Regular monthly tests shall be taken throughout the academic year for all classes. The marks shall be included in the internal assessments.
- A College identity card with photograph will have to be produced by the student before entering the Annual Examination Hall in order to prove that she:
  1. Is on roll at College of Home Economics during the academic year preceding the examination.
  2. Has attended about 75% of the full course lectures delivered during that academic year (both theory and practical).
- All dates and deadlines officially notified by the Principal for different purposes e.g. admission dues, examination dues, submission of assignments etc. shall be strictly observed by the students. **Late fee shall be paid in case final dates are not met.**
- Students are required to arrive college at official opening timings, in case of late coming they shall be fined **Rs. 50** for 1st day, **Rs.100** for 2<sup>nd</sup> day, **Rs.150** for 3<sup>rd</sup> day, **Rs. 200** for 4<sup>th</sup> day, and so on.

#### Leave Application

- Only those leave applications will be acknowledged and entertained which are signed by one of the parents. Moreover, photocopy of the parent's ID card is to be attached with the application.
- Students should stay at home on the day they have an appointment with doctor as **short leave for routine appointment is not granted.**

#### In case of any emergency, a short leave is granted only:

1. When parents will come to pick them up.
2. When parents will produce a copy of their ID card provided by the college.



3. When the application will be signed by the class staff proctors
4. The brothers, sisters and other relatives are **not** allowed to pick the students from the college during its working time.

### General Conduct

- Students are to be held responsible for the repair and replacement of any college owned property's damage or misplacement
- Students are not allowed to order food from outside during college hours
- Discipline is to be maintained in the canteen. Regular rounds are made by the staff members to ensure the discipline and fine the defaulters.
- Student should avoid class bunking otherwise a fine of **Rs. 200/-** will have to be paid for each missed lecture.
- Misbehavior with the Principal, teachers, fellow students, peons, drivers and clerical staff will be severely dealt with. The offender will either be heavily fined or suspended for a specific time period.
- Students are required to submit an Affidavit on a stamp paper duly signed by the oath commissioner, to ensure no participation of the student in any kind of political activities in the college premises.
- Students found guilty of using unfair means or involved in any other fraudulent activity will either be rusticated or fined.
- **Cameras, mobile phones, MP3s etc.** are strictly prohibited and will be confiscated and fine of **Rs. 2000/-** will be levied. The parents shall be asked to meet staff proctors in this regard at the end of the session.
- Students are provided phone facility in the Principal's office for necessary phone calls.
- No visitors or gifts are allowed to be received at the College gate.
- Fund raising for any commercial or social cause without Principal's prior permission is prohibited
- Students found involved in any verbal or physical aggressive activities like fighting, hitting shall be strictly punished.

**05**

## **FEATURES OF THE COLLEGE**



## IMPORTANT FEATURES OF THE COLLEGE

### LIBRARY

The College has a well-stocked and equipped library, facilitating the students in their academic pursuits in a comfortable physical setting. This textbook cum seminar library has over 16,000 books on various Home Economics subjects such as General Home Economics, Psychology and Human Development, Clothing Textile and Fashion Designing, Arts, Food and Nutrition and Management Studies. Furthermore, books of Pure, Applied and Social Sciences, English and Urdu Literature, Pakistan Studies and Religion are also part of the collection



### LABORATORIES

The College has laboratories with the latest equipment in Science and Home Economics subjects.

### COMPUTER STUDIES

- B.Sc/M.Sc Lab
- BS Lab
- F.A/F.Sc Lab
- Research cell

These laboratories are well equipped with the latest printers, scanners, multimedia and backup generators.



## ART & DESIGN

- Ceramics Lab
- Graphic Designing Lab
- Art & Design Lab
- Textile Designing Lab
- Weaving Lab
- Interior Designing



## FOOD AND NUTRITION SCIENCES

- Advanced Dietetics Lab
- Human Nutrition Lab
- Nutrition Lab
- Meal Service Management Lab
- Food Microbiology
- Food Technology Lab
- Community Nutrition Lab



## RESOURCE AND FACILITY MANAGEMENT

- Management lab
- Home Management Residence



## TEXTILES AND CLOTHING

- Fashion Designing Lab
- Draping Lab
- Experimental Textiles Lab
- Textile Chemistry Lab
- Dyeing and Printing Lab



## HUMAN DEVELOPMENT AND FAMILY STUDIES

Early childhood care and educational unit

- Observatory Labs
- Gerontology Lab



## BASIC SCIENCES

- Biochemistry Lab
- Chemistry Lab
- Physiology Lab
- Physics Lab
- Biology Lab



## ENGLISH LANGUAGE RESOURCE ROOM

The English Language Resource Room has been set up by the English Department for the undergraduate students. It is to motivate students to develop English language skills on their own which is also a requirement of the new English language course currently under study. There is ample availability of simplified readers, reading cards, computers, tape recorders, English language cassettes, TV, DVD and VCR. All these facilities help the students to learn English in an interesting and informal way.

### EARLY CHILDHOOD CARE AND EDUCATIONAL UNIT

In order to observe the developmental Progress of infant and toddlers, Day-Care Center and Play Group is established in the College. The center provides activities suitable for enhancing the physical, mental, emotional and social development of children. The facility is also used to benefit mothers of infants and toddlers who are employed elsewhere. Briefly it comes under Human Development laboratories.

The Nursery School is a unique laboratory for the students of Human Development Studies. Pre-school children are enrolled in the Nursery School as in any other educational institution. The students have the benefit of having the facility of observing children for their social, physical and mental growth and development. The nursery school has a variety of equipment for indoor and outdoor play, educational toys and books. The senior students also assist in work related to the Nursery School.



### GERONTOLOGY LAB

A new lab for the provision of guidance and counselling to elderly population has been established.

## HOSTEL

Hostel facility is provided to the students. The hostel is adjacent to the College.

## CANTEEN

The College has a canteen for snacks, soft drinks, and simple lunch. The canteens cater to the student's needs from morning till the afternoon. A committee of the teaching staff supervises its quality and rates.

## STATIONARY SHOP

There are also on stock on educational materials, and some items of daily need.

## FIRST AID

Medical facility is provided to the students of the college in First Aid room. It is well equipped with necessary medicines and supervised by a trained attendant.

## PHOTOCOPY/PRINTING SERVICES

Photocopying and printing facilities are available to the students within the College at reasonable charges.

Similarly the college has a **Display center, Exhibition hall, College official website and official facebook.**



**COLLEGE UNIFORM**

The uniform with its accessories is available in the prescribed store on payment at the college at the time of admission. The college uniform consists of the following items:

**BS HOME ECONOMICS**

Shirt (Knee Length) with collar	Fawn
Shalwar	White
Duppatta	White with fawn piping
Shoes (one inch heel only)	Brown
Socks	Skin
Hair pins, bands and clips, etc.	Black
Blazer	Brown
Sweater	Brown
Scarf	White
Slip	White





# **COLLEGE OF HOME ECONOMICS**

**UNIVERSITY OF PESHAWAR - PAKISTAN**

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**Website : [www.che.uop.edu.pk](http://www.che.uop.edu.pk)**